

WORSLEY'S HEALTH & WELLNESS EVENING

TUESDAY APRIL 16, 2019 from 5:30 – 7:00

Worsley's Wellness Goal:

to foster a community of kindness, inclusion and well-being.

Highlights:

- Smoothie Bike
- Cotton's Gardening Workshop
- Refreshments
- Georgian Bay Good Food Box
- Glo Germ Station
- New Path Youth and Family Services
- Big Brothers Big Sisters
- Fire Department and OPP
- South Georgian Bay Community Health Centre
- Simcoe District Health Unit
- Registered Psychotherapist



Student Showcase

- Environment Club
- Worsley's Band
- Worsley's Choir
- Woe's WonderPark

We will be continuing our daytime **"Zach Makes Tracks 2.0: Burst Your Bubble Challenge"** to support youth mental health at Royal Victoria Regional Health Centre in Barrie.

Come and take the challenge!!

We will have photo ops set up. Bring your \$1.00 for gum.

Please also stop by the Book Fair in the library during the evening.

Worsley's front doors will not be unlocked until 5:30 to allow time for everyone to set up